



# NOVEMBER 2018

This Institution is an Equal Opportunity Employer

Mt Ararat Middle School

Lunch Price \$2.85 Paid  
\$.40 Reduced  
Milk Outside the Meal \$.50  
Menu is Subject to Change Without Notice

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday



**5**

Burger Day  
Teriyaki Chicken Sandwich  
Veggie Soup w/WG Biscuit  
Emoji Fries  
Fruit & Salad Bar  
Ice Cold Milk

**6**

Taco Tuesday  
Beef Nachos  
Beef & Cheese Burrito  
Black Bean & Corn Salad  
Fruit & Salad Bar  
Ice Cold Milk

**7**

Pizza Day  
Pulled Pork Sandwiches  
Pineapple Coleslaw  
Fruit & Salad Bar  
Ice Cold Milk

**1**

Chicken Tenders  
Cheese Ravioli  
Chicken Caesar Salad  
Green Beans  
WG Roll  
Fruit & Salad Bar  
Ice Cold Milk

**2**

Baked Cheese Sticks w/Marinara Sauce  
Chicken Chow Mein with Crunchy Noodles  
Chef's Choice  
Winter Mix of Vegetables  
Fruit & Salad Bar  
Ice Cold Milk

**12**

Veterans Day  
  
No School

**13**

Chicken Fries  
Pizza Burger  
Glazed Carrots  
Fruit & Salad Bar  
Ice Cold Milk

**14**

Pizza Day  
Rib B Que Sandwich  
National Guacamole Day! Served with  
Tortilla Chips  
Fruit & Salad Bar  
Ice Cold Milk

**8**

Popcorn Chicken Bowl  
Sloppy Joe Sandwich  
Tuna Salad Plate  
Cauliflower  
Fruit & Salad Bar  
Ice Cold Milk

**9**

Spicy Chicken Sandwich  
Home Made Spaghetti & Meatballs  
WG Breadstick  
Turkey Cranberry Wrap  
Asparagus  
Fruit & Salad Bar  
Ice Cold Milk

**15**

Holiday Meal  
Turkey and Gravy  
Mashed Potato & Stuffing  
Cheesy Broccoli Rice Casserole  
Chicken Patty Sandwich  
Squash  
WG Roll  
Cranberry Sauce

**16**

French Toast & Sausage  
Shrimp Poppers  
Mini Corn Dogs  
Tater Tots  
Fruit & Salad Bar  
Ice Cold Milk

**19**

Eagle Sampler  
Pizza Sticks, Buffalo Bites, Onion Rings  
Pasta & Red Sauce  
Peas & Carrots  
Fruit & Salad Bar  
Ice Cold Milk

**20**

Chicken Nuggets  
Buttered Pasta  
Spinach  
Chef's Choice  
Fruit & Salad Bar  
Ice Cold Milk

**21**

Thanksgiving Break  
  
No School

**22**

Thanksgiving Break  
  
No School

**23**

Thanksgiving Break  
  
No School

**26**

Meatless Monday  
Bosco Sticks with Sauce  
Tomato Soup with Grilled Cheese  
Home Made Macaroni & Cheese  
Celery Sticks w/Sunbutter  
Fruit & Salad Bar  
Ice Cold Milk

**27**

Hot Dogs  
Cheeseburger Pie  
Fish Square Sandwich  
Baked Beans & Cole Slaw  
Fruit & Salad Bar  
Ice Cold Milk

**28**

Chicken or Cheese Quesadilla  
Orange Chicken Over Rice  
Steamed Broccoli  
Fruit & Salad Bar  
Ice Cold Milk

**29**

Shepherd's Pie  
Buffalo Chicken Dip w/WG Chips  
Lasagna Roll Ups  
Peas & Carrots  
Fruit & Salad Bar  
Ice Cold Milk

**30**

Meatball Sliders  
Teriyaki Chicken Strips w/Egg Roll  
Potato Cheddar Soup  
Fried Rice  
Fruit & Salad Bar  
Ice Cold Milk

Daily Offerings are Sandwiches, MAMS Munchables & A La Carte Items can be purchased when Funds are on the Student's Account.

